

# SKYHAWK BASKETBALL

## Non-Negotiables

### 1. RESPECT for coaches and teammates

- \*Be on time
- \*Praise teammates
- \*Listen with eye contact and ears
- \*Be coachable by accepting and responding to coaches or teammates words

### 2. Be COURAGEOUS in your pursuit of excellence

- \*Courage to try and fail
- \*Courage to always give your best effort
- \*Discipline to do your job
- \*Courage to buy-in and accept your role
- \*Courage to lose together as a team

### 3. COMMIT to development of players

- \*Provide opportunities for players to get better
- \*Goal setting
- \*Coaches evaluations
- \*Realistic player self-evaluation

### 4. BUILD young man for life

- \*Develop personal values
- \***Accountability**- hold players accountable "what you accept, you should expect"
- \*Character and integrity
- \*Academic success

### 5. ENJOY the journey

- \*Passion for what you do
- \*Enthusiasm and positive attitude everyday
- \*Love your teammates

